

HOMEOPATHIC REMEDIES FOR COMMON PET AILMENTS

The potency most commonly used in pets is 30C, which is easily available at many health and organic food stores. This dose is used at least once daily until signs resolve, or as often as two to three times a day for the management of acute complaints.

Arnica montana (Leopard's bane)

Primarily used as a trauma remedy. If given at the time of injury, the remedy can dramatically limit the degree of swelling and bruising. Commonly used for post-operative pain management, hemorrhage and bruising.

Arsenicum album (White arsenic)

This remedy is commonly indicated in cats and toy breeds who desire warmth and/or crave bread or vegetables. Uses include vomiting and diarrhea, chronic nasal and eye discharge, anxiety, noise sensitivity and itch that is not associated with the presence of any skin lesions.

Cantharis (Spanish fly)

This remedy is made from a vividly green color beetle commonly known as the Spanish fly or the blister beetle. Common veterinary uses include acute or recurrent cystitis.

(Disclaimer: If your male cat/dog is straining to urinate or unable to urinate, please bring him immediately to a veterinarian as he may have a life-threatening condition called "urinary blockage" which requires immediate veterinary attention.)

Cocculus indicus (Indian Cockle)

Made from the fruit of climbing plant, this remedy is used most commonly for motion sickness, especially from riding in the car.

Hypericum (St. John's Wort)

Primarily used for trauma to nerves and nerve endings, such as digital pain (injured, inflamed toes), tooth extractions, intervertebral disc disease, phantom pain, and anal gland infections.

Rhus toxicodendron (Poison ivy)

This is a major lameness remedy when pains are worse on first motion, but better with sustained movement and worse from overexertion. Pains may also be worse from exposure to cold or drafts. Common uses include chronic musculoskeletal injuries and overuse injuries, as well as allergic dermatitis where the skin is dry and flaky.

Ruta graveolens (Rue)

This is another lameness remedy. These patients are often anxious and the pains are worse from rest and worse from excess of motion. These patients have a narrower window of mobility than the ones benefitting from Rhus tox.

Staphysagria (Delphinium staphisagria)

Made from the seeds of a plant also known as louse-wort, this remedy is used for trauma associated with clean-cut wounds (i.e. from a scalpel blade during surgery) as well as ailments arising from suppressed anger, chronic resentment, and stress. This includes common feline conditions such as stress-induced cystitis and inappropriate urination associated with introduction of new animals or the absence of the guardian.